

“The Death of Jesus on the Cross”...



FROM THE GOSPEL ACCORDING TO - LUKE - :

“It was now about noon and darkness came over the whole land until three in the afternoon...Jesus cried out in a loud voice, ‘Father, into your hands I comment my spirit’; and when he had said this he breathed his last.” (Luke 23:44, 46)¹

MEDITATION ON THE MYSTERY:

Lord, give us the great and surpassing grace to be able to be obedient to the Father: like You, the Word of the Living God, nailed to the two “tablets” of the cross – a little like the Ten Commandments sculpted into the two tablets of the Law! (cf. SLC, p. 363)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the making of saints, St. Josemaría Escrivá says: “‘They have the stuff of saints in them.’ At times you hear this said of some people. Apart from the fact that the saints were not made of ‘stuff,’ to have stuff is not sufficient. Great obedience to your [spiritual] director and great readiness to respond to grace are essential. For, if you don’t allow God’s grace and your Director to do their work, there will never appear the finished sculpture, the image of Christ, into which the saintly man is fashioned.”

(JOSEMARÍA ESCRIVÁ, *The Way*, 56, in: Josemaría Escrivá: a website dedicated to the writings of Opus Dei’s founder. http://www.escrivaworks.org/book/the_way-point-56.htm [accessed 23 December 2019])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...